

### Health history questions

The health related questions are to help understand your medical problems. All questions are OPTIONAL and confidential.

Date of Visit: \_\_\_\_\_

Main reason for today's visit: \_\_\_\_\_

Other concerns: \_\_\_\_\_

#### ALLERGIES

List any allergies to medications

<b>ALLERGY</b>	<b>REACTION</b>
1. _____	_____
2. _____	_____
3. _____	_____

#### PREFERRED PHARMACY

\_\_\_\_\_

#### MEDICATIONS

List current medications: OR provide a separate.

<b>DRUG NAME</b>	<b>DOSE</b>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____

#### PAST MEDICAL HISTORY

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Head trauma    | <input type="checkbox"/> Numbness/tingling   |
| <input type="checkbox"/> Hypertension         | <input type="checkbox"/> Heart disease  | <input type="checkbox"/> Back pain           |
| <input type="checkbox"/> Cholesterol problems | <input type="checkbox"/> Brain aneurysm | <input type="checkbox"/> Neck pain           |
| <input type="checkbox"/> Strokes/TIA          | <input type="checkbox"/> Depression     | <input type="checkbox"/> Tremor              |
| <input type="checkbox"/> Seizures             | <input type="checkbox"/> Fibromyalgia   | <input type="checkbox"/> Parkinson's Disease |
| <input type="checkbox"/> Anxiety              | <input type="checkbox"/> Arthritis      | <input type="checkbox"/> _____               |
| <input type="checkbox"/> Migraines            | <input type="checkbox"/> Cancer         | <input type="checkbox"/> _____               |
| <input type="checkbox"/> Headaches            | <input type="checkbox"/> Sleep problems | <input type="checkbox"/> _____               |
| <input type="checkbox"/> _____                | <input type="checkbox"/> _____          | <input type="checkbox"/> _____               |

#### SURGICAL HISTORY

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**SOCIAL HISTORY**

**Smoking status**       Never       Used to       Somedays       Unknown  
 Daily      \_\_\_\_\_ Packs/day.      \_\_\_\_\_ Cig/day      \_\_\_\_\_ Years of smoking

**Dominant Hand**       RIGHT       LEFT       BOTH       Unknown

**Marital status**       Married       Divorced       Single       Widow  
 Domestic partner       Separated

**Caffeine use**       None       Some       Moderate       Heavy

**Alcohol use**       None       Some       Moderate       Heavy

**Chewing tobacco**       None       Some       Moderate       Heavy

**Exercise**       None       Some       Moderate       Heavy

**Street Drugs**       None       Weed       Cocaine       Meth       Other

**Living Situation**       Alone       With others       Other \_\_\_\_\_

**Occupation**       None       Disabled       Retired       \_\_\_\_\_

**FAMILY HISTORY**       Adopted

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Blood pressure	<input type="checkbox"/> Cholesterol problems
<input type="checkbox"/> Stroke	<input type="checkbox"/> TIA	<input type="checkbox"/> Brain Aneurysm
<input type="checkbox"/> Seizure	<input type="checkbox"/> Tremor	<input type="checkbox"/> Parkinson's
<input type="checkbox"/> Migraines	<input type="checkbox"/> Headaches	<input type="checkbox"/> Multiple Sclerosis
<input type="checkbox"/> Dementia	<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Bleeding problems
<input type="checkbox"/> Heart disease	<input type="checkbox"/> Brain cancer	<input type="checkbox"/> Spine problems.
<input type="checkbox"/> Depression	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Other _____
<input type="checkbox"/> Unknown	<input type="checkbox"/> _____	<input type="checkbox"/> _____

**Review of systems** [✓ all that applies to you]

**General**

- Fever
- Chills
- Fatigue
- Weight gain
- Weight loss

**Ear/Nose/Throat**

- Ear pain
- Difficulty hearing
- Dry mouth
- Nose bleeds
- Mouth ulcers
- Sinus pressure
- Ear ringing
- \_\_\_\_\_

**Respiratory**

- Cough
- Shortness of breath
- Bloody cough
- Wheezing
- Snoring
- Sleep apnea

**Cardiovascular**

- Chest pain with exertion
- Chest pressure/heaviness
- Palpitation
- Light-headed on standing
- Breathing problem lying
- Breathing problems walking
- Leg swelling
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**Musculo-skeletal**

- Back pain
- Neck pain
- Muscle aches
- Joint pain
- Shoulder pain

**Psychiatric**

- Depression/mania
- Anxiety
- Insomnia
- Panic attack
- Personality problems
- Fear for safety
- Schizophrenia
- \_\_\_\_\_

**Eyes**

- Vision change
- Double vision
- Droopy eyes
- Color vision problems
- Eye redness/dry eyes
- Blindness

**Skin**

- Skin rash
- Itching
- Skin growth
- Eczema
- Easy bruising

**Endocrine**

- Appetite change
- Increased thirst
- Hot flashes
- Increased sweating

**Neurological**

- Seizures Tremor
- Weakness
- Headaches/Migraines
- Memory problems
- Dizziness
- Vertigo
- Restless leg
- Sleep problems
- Fainting
- Numbness/tingling
- Stroke symptoms/TIA
- Attention problems.
- Confusion
- Problem speaking

**GI**

- Abdominal pain.
- Difficulty swallowing
- Bloody stool.
- Indigestion.
- Nausea
- Vomiting.

**GU/OBGYN**

- Loss of bladder control
- Difficulty urinating
- Blood in urine
- Prostate problems.
- \_\_\_\_\_

**Allergy/Immunology.**

- Frequent sneezing
- Itching
- Hives
- Immune deficiency

Other comments: \_\_\_\_\_

\_\_\_\_\_  
Patient/guardian signature